

Expressive Cleverness for Workplace Success

Developing Effective Associations for Enhancing Work Productivity

Introduction

A strong Expressive Cleverness is necessary for success in the workplace. Employees and executives with emotional intelligence can contribute to the development of productive working relationships. Your career and leadership potential depend on your ability to recognise and develop your emotional intelligence.

The focus of this Course N Carry training programme on Expressive Cleverness for Workplace Success will be on the critical abilities needed to manage the variety of personalities that are typically encountered in the workplace, lead teams, and form strong relationships. Building a successful organisation requires the ability to innovate in teamwork, foster synergy among team members, and respond properly to our own and others' emotions.

The main points of this Course N Carry training seminar are:

- Gain the capacity to perceive, comprehend, and utilise emotions as a source of influence, leadership, and communication.
- Learn about perceptions and their significance in the workplace.
- Recognise how their EQ affects how they react to both themselves and other people.
- Learn how to use EQ at work to foster accountable leadership and teamwork.
- Using emotional intelligence to lead others

Objectives

By the time this Course N Carry training seminar ends, you'll know how to:

- Develop social skills like self-awareness, which is the capacity to identify and comprehend one's own moods, feelings, and desires as well as how they affect other people.
- Develop empathy, or the capacity to recognise and comprehend the emotional states of others and the ability to react appropriately to those states.
- Develop interpersonal skills that demonstrate one's ability to manage connections and create networks.
- Gain experience in handling criticism and adversity.
- Leadership techniques for collaborating with others to achieve common objectives

Training Methodology

Slides, handouts, a work manual containing all of the instructor's notes and slides, examples of best practices, and relevant video and DVD content will all be used in this Course N Carry training course. Flip charts, syndicate workshops, and reporting back sessions will all help to make the event fun and totally participatory. It will be urged of the delegates to actively participate in sharing their prior job experiences.

Organizational impacts

- Boost team member communication
- Acquire the ability to react suitably to our own and other people's emotions.
- Develop your capacity for relationship management and network building.
- Creative collaboration & business revolution
- Establish credibility for business transformation

Personal Impact

- Improved leadership abilities to inspire and encourage oneself and others
- Using assertiveness when managing disagreements
- Emotional fortitude to oversee their team's performance
- Capabilities for persuasion and influence to better lead people
- Managing stress in a high-EQ manner

Who should attend?

Designed for a broad spectrum of professions, this Course N Carry training course will have the following significant benefits:

- Heads of Teams
- Managers
- Supervisors
- Directors
- Anyone working as a leader or desiring to work in a leadership capacity in any business or industry

Course Outline

Day 1

Enhancing Emotional Intelligence in the Professional Setting

- Emotional Intelligence Quotient (EQ): What is it?
- Interpersonal and Intrapersonal Competencies

- Recognising Your Individuality
- Emotional Intelligence in Creative Collaboration
- Eliminating Obstacles to Creative Collaboration with EQ

Day 2

Developing Emotional Intelligence in Leadership

- Precise Self-Evaluation for Individual Development
- Understanding One's Weaknesses and Strengths
- Effective self-management
- Motivating and Orienting People and Groups
- Developing Bonds
- Building Credibility for Organisational Change

Day 3

Developing Successful Partnerships

- Utilising People to Get Things Done
- Effective mental management
- Leadership that Is Accountable for Managing Performance
- Working Together to Achieve Common Objectives
- From Assigning Tasks to Providing Empowerment
- Establishing Fruitful Connections

Day 4

Using Emotional Intelligence to Lead Others

- Recognising the Four Stages of Human Development: Self- and Other-Motivation
- Controlling our emotions to cultivate gratitude
- Managing others well
- Fostering Innovation in the Workplace Creative Collaboration

Day 5

Putting Emotionally Aware Persuasive Communication into Practice

- The Beneficial Effects of Active Listening Techniques

- Experiences Learned and Plan of Action
- Formulating a Course of Action