

Leadership, Communications & Interactive Skills

Leadership through Self-Command

Introduction

Self-Command is a process that arises as we interact skilfully with the situations and events in our life; it is not something that happens by accident. Every instant of our life is a chance to cultivate self-mastery via broadening our perspectives, arousing our mental and emotional faculties, and accepting complete accountability for existing, evolving, and making a positive impact.

By controlling our own emotions, we may become better leaders who others genuinely want to follow and who set an example for others. You will discover a great deal about yourself via this Course N Carry Leadership, Communications & Interactive Skills training course, including how you think, view the world and how others see you, communicate, and how to improve your communication abilities.

This Course N Carry training session will go through:

- How Can You Manage Your Brain?
- The Value of a Strong Vision Combined with Integrity in the Individual
- The Improvement of Speaking Capabilities
- The Development of Capability in Leadership
- The Enhancement of Persuading Skills

Objectives

Examine how to effectively control our ideas, beliefs, attention, and behaviour.

- Recognize how our ideals influence what we do.
- Think about strategies that increase bravery, zeal, and confidence.
- Examine strategies for enhancing communication.
- Consider ways to improve your own leadership abilities.
- Examine the leader's public image.

Training Methodology

In order to generate high impact training, this course on leadership, communication, and interpersonal skills comprises of five modules that include lecture content, skill evaluations, interactive discussions, video presentations, and delegate exercises. The

vibrant and highly participatory nature of this Management & Leadership training course complements its instructional value. The main goal is to provide attendees ideas and techniques that they can apply right away in the workplace.

Organizational impacts

More productive workers

- Increased emphasis on goal attainment among employees
- Enhanced correspondence inside the organization
- Improved leadership abilities of employees
- Heightened drive
- Increased productivity levels

Personal Impact

Increased attention to worthwhile objectives

- Increased self-awareness
- Enhanced capacity for success
- Enhanced ability to communicate
- Improved abilities as a leader
- Increased levels of individual productivity

Who should attend?

Individuals that are interested in learning more about how to enhance their own performance via their behaviour, power, and influence.

Among them are:

- Professionals in Management
- Team leaders: aspiring, inexperienced, or skilled
- Supervisors

Course Outline

Day 1

Responsibility, Realism, and Self-Mastery

- Taking Charge of Your Brain: Managing Your Thoughts and Behaviours

- Changing Perspectives to Achieve Success

- Taking Responsibility to Obtain Power and Freedom
- Strength from Beliefs
- Enhancing the Persistence Quality
- Enhancing Resilience Qualities
- Developing the Courageous Quality

Day 2

Realizing Your Goals

- Examining How Your Values Affect Your Leadership
- Recognizing How Your Purpose Is Affected by Your Values
- Creating Your Own Future with the Strength of Your Own Vision
- Putting Your Attention on Goals with an Outcome Focus
- Strength from Beliefs
- Gaining the Attribute of Self-Assurance
- Enhancing the Enthusiastic Quality
- Maintaining Personal Honesty

Day 3

Proficient in Communication

- Understanding the Communication Process and Communicating with Intention
- How and Why Communication Breaks Down and How to Prevent It
- Developing Composure through Active Listening Methods
- Organizing Speech Communication That Is Effective
- Effective Oral Communication: Strategies and Advice to Communicate Your Ideas
- Creating a Strong Personal Style by Coordinating Your Verbal and Nonverbal Communication
- Handling Various Communication Needs and Styles

Day 4

Headship

- Realizing How Important Emotional Intelligence Is
- Increasing Motivation, Empathy, Self-Awareness, and Social Skills
- Transitioning to a Novel Empowerment Model
- Understanding 21st Century Leadership Capabilities
- Understanding Interactive and Institutional Leadership
- Understanding The Distinction Between Management and Leadership

- Discovering GE's "4 Es" of Leadership: "Energy, Excitement, Edge, and Execution"
- Assessing Jack Welch's Leadership Secrets
- Examining Motivation Theories

Day 5

The Mature Leader's Public Face

- Creating Presentations That Are Effective
- Appealing to the Realization of a Vision in Order to Influence
- Persuasion via the Application of Reason
- Using a Sincere People-Oriented Approach to Influence
- Communicating with Personal Power
- Getting Rid of the Failure Mechanism
- Conducting Effective Meetings
- Examining the Course