

# Leadership Skills for Self-Leadership

Working Highly Effective Self Motivated-Leadership

## Introduction

The purpose of this Leadership Skills for Self-Leadership training course is to provide participants the tools they need to develop successful self-leadership and use those tools in both personal and professional settings. The Managing Self training course is a veritable gold mine of useful skills, concepts, and insights that support each delegate's personal development and realization of their greatest potential. Participants should thus anticipate outcomes that will enable them to genuinely flourish in both their professional and personal life.

This 5-day Managing Self training course is as demanding as it is rewarding. It will help participants overcome procrastination and self-doubt routines and step beyond of their comfort zones. Additionally, it teaches students how to harness the psychological factors that drive them in order to advance both personally and professionally. Participants in the course will therefore experience a variety of advantages, such as elevated emotional intelligence, enhanced self-assurance, and refined interpersonal and relationship-building abilities.

**This training session on Course N Carry Leadership Skills for Self-Leadership will emphasize:**

- Accepting Agility in Order to Lead Effectively
- Awareness of oneself is the cornerstone of personal leadership.
- Self-Coaching as a catalyst for exceptional achievement in the workplace
- How to develop emotional intelligence and make use of it
- Relationship-building techniques that advance your career

## Objectives

**After completing this training course on Leadership Skills for Self-Leadership, you will be able to:**

- Establish inspiring objectives and get beyond challenges.
- Use effective motivating strategies to advance in life.
- Encourage a flexible "growth mindset"
- Grow into a self-assured, captivating person.
- Utilize the psychology of achievement for yourself.

## Training Methodology

This training course makes use of a blended learning approach and a range of adult learning strategies, including self-reflection activities, action learning, group discussions, and video case studies. The ensuing diversity makes it easier for participants to feel challenged, stay interested during the training, and achieve rapid progress. It also guarantees that attendees will have the chance to relate what they have learned to the difficulties they will encounter in the real world upon returning to their jobs.

## Organizational impacts

**The following are some advantages that organizations of participants in this Leadership Skills for Self-Leadership training course will experience:**

- Gain from proactive staff members who set a good example
- Create an atmosphere where individuals may prosper and make a difference.
- Recruit coworkers that are proactive and willing to go above and beyond
- Establish a reputation for helping your staff members reach their full leadership potential.
- Bolster the leadership bench of your business
- Encourage workers who will contribute to the organization's progress

## Personal Impact

**There are several ways in which attendees will gain:**

- Boost your chances of advancement and career prospects
- Become more capable of moving up the corporate ladder
- Acquire a reputation as a "high potential" and future leader.
- Gain from enhanced mental clarity, vitality, and concentration
- Learn to be an expert in the field of personal effectiveness.
- See the good effects of your newly acquired abilities on your own life.

## Who should attend?

**A wide range of professionals can benefit from this Course N Carry Leadership Skills for Self-Leadership training course, but the following will be especially beneficial:**

- Workers that are motivated to advance in their jobs
- Managers, Team Leaders, and Supervisors
- Experts in the field and other individuals involved
- High achievers and those targeted for leadership positions in the future
- Anyone looking to develop their own leadership abilities

## Course Outline

# Day 1

## Creating a Firm Basis for Self-Awareness

- Knowing Oneself: Who Am I?
- Developing a mission and vision statement for yourself
- Psychometric instruments and personality psychology
- Acquiring agility
- The skill of asking for and receiving criticism
- Making the most of the SWOT analysis's strength

# Day 2

## The Ability to Lead Oneself

- Recognizing the self-leadership psychology
- The mental characteristics of prosperous people
- The seven behaviours of highly successful individuals
- Motivation and goal-setting
- Recognizing one's own growth
- Acquiring strong self-coaching abilities

# Day 3

## Making Use of Emotional Intelligence

- An overview of emotional intelligence's past
- What distinguishes IQ from EQ
- In the workplace, applied emotional intelligence
- The relationship between emotional intelligence and agility
- The practice of self-control
- Change and emotional intelligence

# Day 4

## Increasing Individual Performance

- Self-belief and confidence: how to achieve it
- Promoting a flexible "growth mindset"
- Success in life and mental toughness

- Putting time management concepts into practice

## Day 5

### Relationship Administration

- "No man is an island" - the significance of connections
- Registering and surpassing rivals
- Proficiency in Communication
- Management of Stakeholders
- Analysis of transactions
- Next actions